



**CATHOLIC**  
and **LIVING IT!**

## The Catholic Women's League of Canada

### London Diocesan Council

To: All Parish Presidents, Spiritual Development Chairperson  
CC: London Diocesan Council, Wilma Vanderzwaag, OPC Chairperson  
From: Joan Lobsinger, Spiritual Development Chairperson  
Date November 2022

#### **Directive # 8**

*“Advent is the time we are given to welcome the Lord who comes to encounter us, and also to verify our longing for God, to look forward and prepare ourselves for Christ’s return.*

*Pope Francis*

November 27<sup>th</sup> is the First Sunday of Advent. May this Advent be a time of spiritual awakening and renewal for you as you prepare to celebrate the birth of Christ. Below are some excellent resources of daily Advent prayers and reflections:

[https://mycatholic.life/advent/?gclid=CjwKCAiA9qKbBhAzEiwAS4yeDdTut07axhLhSRfupaMkcWqWtq6F\\_fJbFfOTk7jfZoL0awVSwomqBoCfpAQAvD\\_BwE](https://mycatholic.life/advent/?gclid=CjwKCAiA9qKbBhAzEiwAS4yeDdTut07axhLhSRfupaMkcWqWtq6F_fJbFfOTk7jfZoL0awVSwomqBoCfpAQAvD_BwE) I am especially interested in “Blessed Mother Advent & Christmas Reflections from the Foot of the Cross.”

<https://cwl.on.ca/prayers/>

<https://cwl.ca/resources/600-series-manuals/> 626 Prayers and Spiritual Programs Pages 8-12

I look forward to reading your Annual Reports. Last year, I noticed some confusion around the term “Spiritual Advisor”. Your Spiritual Advisor is your parish priest but a deacon, sister or trained lay person may take his place if he is unavailable. Cathy Bouchard, National Chairperson of Spiritual Development has provided resources to help you work with your spiritual advisor to assist him in understanding his role. The resources can be found at: <https://cwl.ca/communique-9-spiritual-development/>. Be sure to check out the “Catch the Fire Power Point for Spiritual Advisors” and the “Guide for Spiritual Advisors Handout”.

#### **Upcoming Feast Days**

December 8<sup>th</sup> – The Immaculate Conception

December 28<sup>th</sup> – The Feast of the Holy Innocents

Wishing you a blessed and joyful Christmas season.

Yours in Christ,

*Joan*